

The Whole Armor of God

Ephesians 6:10 Finally, be strong in the Lord and in the strength of his might. **11** Put on the whole armor of God, that you may be able to stand against the schemes of the devil. **12** For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. **13** Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. **14** Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, **15** and, as shoes for your feet, having put on the readiness given by the gospel of peace. **16** In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; **17** and take the helmet of salvation, and the sword of the Spirit, which is the word of God,



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Comprehension: (In other words, what does it say?)

What are the themes in this chapter?

Interpretation: (In other words, what does it mean?)

What are the differences between “obeying your parents in the Lord” and “honoring your mother and father”?

Give examples of how parents exasperate their children. How should parents rear their children?

Who exactly are we struggling with? Why is it important to recognize our adversaries?

List the “battle rattle” we are supposed to wear:

How does one pray in the Spirit? Why is it necessary to always pray for all the saints?

Application: (In other words, how do I apply this to my life?)

Even though verses 5-9 are specifically addressed to slaves and masters, which were common practice at the time this was written, how can these verses apply to you today?

“Putting on the armor of God” is a very common phrase. Now that you’ve studied this, what will you do differently? Are you suited up? What do you put on daily? What pieces of armor are a little rusty or non-existent in your life?

Do you recognize that evil spiritual forces exist? How do you feel about them in the heavenly realms?