Romans 14-15:13

Comprehension: (In other words, what does it say?)

Who is the audience and what were their challenges?

Interpretation: (In other words, what does it mean?)

You can boil these passages down to several principles, the first one being "accept one another" - list the others that you see:

Freedom vs. Law/rules. Is the law still fully applicable? If not, what is applicable now?

Paul is clear that we are free yet we have a responsibility to our brothers and sisters. In what ways do you need to be prepared to sacrifice a few of your "freedoms"? Why is this so vital to the church?

Why is it important to accept one another and not let marginal differences become a stumbling block? What happens as you do this?

Application: (In other words, how do I apply this to my life?)

In what ways does the church today face these exact same issues?

It is important to recognize what is cultural vs. traditional vs. denominational vs. scriptural. What are your convictions based on? How do you personally become 'fully convinced'?

How is (or could) God be working differently in your life than in another person's life, a person who may follow a stricter or looser set of rules than you do?